



The Polytechnic Rambling Club

In association with THE UNIVERSITY OF WESTMINSTER

Founded 1885

Affiliated to the Ramblers' Association (Inner London Area)

Affiliated to HF Holidays

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OCTOBER 2026 to JANUARY 2027

SATURDAY 3rd OCTOBER CUFFLEY to WARE (Linear) 11.5 miles (or 9 miles, return from Hertford East). *A long, gradual incline to Broxbourne Woods, afterwards mostly flat. Visit the Celtic Harmony Camp about life in the Stone and Iron Ages. <https://celticharmony.org/>. Then through open fields and along a tow path by the River Lee.* Buy OPDR to Hertford All Stations. Dep. Moorgate 09.46 (Finsbury Park, 10.00) arr. Cuffley 10.29. Bring a picnic. Drink stop after lunch at Celtic Harmony cafe. EX 174/194 Leader: Jackie McC

SATURDAY 10th OCTOBER ROCHESTER to SOLE STREET (Linear) 8.7 miles *A varied, scenic walk following the River Medway and onto the North Downs Way, via Cobham Park and apple orchards.* Buy OPDR to Rochester Dep. Victoria 09.40 arr. Rochester 10.19. Late lunch at The Leather Bottle PH or bring a picnic. EX 163. Leader: Susan (07763 131145)

WEDNESDAY 14th OCTOBER COULSDON and HAPPY VALLEY (Circular) 6 miles. *Hills and woodland.* Dep. Victoria 10.38 (Clapham J. 10.45) arr. Coulsdon South 11.05. All travel in Oyster/Freedom Pass zones. Picnic and/or pub stop at the Fox on Coulsdon Common. Further details on lunch arrangements to be provided nearer the time. EX146 Leader: Kim

FRIDAY 16th to MONDAY 19th OCTOBER BATH WEEKEND TRIP YHA fully booked but current members welcome to join if booking their own accommodation. Enquiries to Susan (susan271@btinternet.com)

SATURDAY 24th OCTOBER PILGRIMS WAY : STAGE 1 (of 15) WINCHESTER to ALRESFORD (Linear) 9 miles. *Starting at St Swithin's Shrine where you can obtain a Pilgrims record, the route then follows the River Itchen so is fairly flat with a rural remoteness.* Buy OPDR Waterloo to Winchester. Dep. Waterloo 09.35 arr. Winchester 10.32. Ret. Bus 64 Alresford to Winchester every 30 minutes. Lunch at PH in Itchen Abbas or bring picnic. EX 185. Leaders: Stephen and Jane

WEDNESDAY 28th OCTOBER TADWORTH AND LANGLEY VALE WOOD (SURREY) (Circular) 6.3 miles. *Langley Vale Wood is the largest of the Woodland Trust's four First World War Centenary Woods. They are designed as a living memorial to those who sacrificed so much in the First World War and are situated on original training grounds for troops going off to battle.* Dep. London Bridge 10.40, arr. Tadworth 11.34. All travel within zone 6. Bring a picnic. Café at the end of the walk. EX 146 Leader: Dominique

SATURDAY 31st OCTOBER CHESHAM (Circular) 7.5 miles). *A historic walk via Ashley Green in the Chilterns, so expect some steep uphill and downhill.* Dep. Metropolitan Line Baker Street 09.19 arr. Chesham 10.16 OR dep. Marylebone (Chiltern) 09.27 (Harrow-on-Hill 09.39 arr. Chalfont & Latimer 09.58/dep. Chalfont & Latimer (Met. Line) 10.07, arr Chesham 10.16. All travel in FP and Oyster 60+ zones. EX181. Leaders: Sunita and Jennifer who will meet the group at Chesham

SATURDAY 7th NOVEMBER VAUXHALL TO CANARY WHARF (Linear) 6 miles. *An easy walk along the Thames south bank to Tower Bridge, crossing and then continuing on the North bank of the Thames to Canary Wharf.* Meet London Vauxhall station 11:15 at ** Exit 1 **, the Vauxhall Bridge Exit. Plenty of eateries for lunch or bring a picnic. Wetherspoons pub nearby at end of the walk. Leader Rob EX 174 & 177.

SATURDAY 14th NOVEMBER LOUGHTON to EPPING (Linear) 8 miles. *Autumn colours and fungi in the Forest. Relax and de-stress with nature.* Meet at 10.30 at LOUGHTON station. (40 mins from Oxford Circus on EPPING branch of Central line). All travel within zone 6. Bring picnic lunch although there are kiosks for tea, coffee and sandwiches etc and PH. Be prepared for mud in places. Chance of tea at the end of the walk. EX 174. Leader: Pam

WEDNESDAY 18th NOVEMBER THE GREEN LONDON WAY PART 10 – BOSTON MANOR TO GREENFORD (Linear) 6.3 miles. *We continue our walk around London on the Green London Way along the Grand Union Canal, the River Brent and the Costons Brook to Greenford station (Central Line).* Meet Boston Manor (Piccadilly Line) 10.45 for prompt 11.00 start. All travel within zone 4. Lunch in café/pub or bring a picnic. EX173. Leader: Dominique

SATURDAY 21st NOVEMBER HAYES (Circular) 6 miles. *This short walk in Kent crosses three commons which have been used for hundreds of years as a source of wood as evidenced by the many coppiced trees.* Dep. London Charing Cross 10.08 arr. (Waterloo E. 10.12, London Br.10.18) Hayes (Kent) 10.53. All travel within Zone 5. Lunch tbc. EX 162,147, 161. Leader Rochelle

SATURDAY 28th NOVEMBER TRING (Circular) 8 miles. *Lovely varied walk, circumventing Wigginton village, crossing a wide valley with superb views, ascending into Ashridge forest and the Bridgewater monument. Return via the village of Aldbury. Good path, maybe muddy sections, two main uphill climbs.* Buy OPDR to Tring. Dep. Euston 9.51, (Harrow and Wealdstone 10.06, Watford Junction 10.13) arr. Tring 10.32. Sandwiches/snacks at Wigginton community shop and café, or bring a picnic. Time permitting, a hot drink stop at the National Trust café in Ashridge forest. EX181 LR165. Leader: Mary King

SUNDAY 29th NOVEMBER ATTENBOROUGH FIELDS, MERRY HILL AND THE FORTIES EXPERIENCE MUSEUM (BUSHEY) 7 miles. *A short walk in fields and woodland south of Watford followed by a visit to the Forties Experience in Bushey, open to the public only once a month.* Dep. Euston (Lioness line to Watford J.) 09.59 (Harrow & Wealdstone 10.30) arr. Carpenders Park 10.38. Lunch tbc. Museum £6 adults, £4 concession. Return from Bushey (Lioness line) (30 min walk from museum). All travel in Oyster/Freedom Pass zones. EX 173. Leader: Gillian S (07719 452023)

SUNDAY 6th DECEMBER VISIT to BOW STREET POLICE MUSEUM *Step inside the original police cells, famous trials, the history of law and Order Covent Garden.* Meet at Covent Garden Tube Station 11.00 (Piccadilly Line) Admission £4.50 for concessions and £6 for non-concessions The visit will be followed by a short walk. Let me know by the 1st of November so that I can purchase tickets in advance

SUNDAY 13th DECEMBER CLUB XMAS LUNCH @ THATCHED HOUSE, RAVENSCOURT PARK book by November 30th. Enquiries to Rajesh For a short pre-lunch walk, meet 11.30 at Barons Court station, District & Piccadilly lines. Leader to be confirmed.

TUESDAY 15th DECEMBER THE SALMONS BROOK TRAIL PART 2 – GRANGE PARK TO MERIDIAN WATER (Linear) 5 miles. *We continue to follow this trail across the Borough of Enfield to where the brook joins the Pymmes Brook. Hopefully, seeing more of the brook than in part 1 as it meanders through residential streets in London's suburbs.* Dep. Finsbury Park Train Station 11.00 Platform 8 (Stevenage train), arr. Grange Park 11.18 where the leader will meet the group. Ret. from Meridian Water by train to Tottenham Hale or bus. All travel within zones 4/5. Lunch in café/pub or bring a picnic. EX173 Leader: Dominique

SATURDAY 19th DECEMBER ST PAULS CAROL SERVICE & CITY WALK (Circular) 3 miles *A one hour family carol service, starting at 11.00, followed by a Thames Path stroll.* Book free ticket for concert on <https://www.stpauls.co.uk/whats-on/family-carols-2> when tickets become available nearer the date. Meet 10.30 by main Cathedral entrance steps. Lunch stop on walk route. Leader: Danny (07907 346957)

MONDAY 28th DECEMBER RICHMOND/KINGSTON (Linear) 5.5 Miles *A gentle stroll along the Thames Path to help alleviate excessive Xmas consumption!* Meet 11.00 at Richmond station (SWR, District, Mildmay lines) Zone 4. Lunch at Teddington, after 3.5 miles, where the walk can be shortened. Return from Kingston station (Zone 6). EX 161. Leader: Danny (07907 346957)

SATURDAY 2nd JANUARY POLY RAMBLERS NEW YEAR ZOOM QUIZ New quizzers very welcome. Contact Gillian S gswan70@gmail.com for more information. Joining details nearer the time

SUNDAY 3rd JANUARY AROUND FLITWICK (Circular) approx 7 miles. *Mildly undulating. Via Flitwick Woods, Priestley Farm, Westoning Church.* Lunch at NuYard Cafe. Ramble to be followed by a Tea at the Leader's, by light of Christmas Tree etc. Buy OPDR to Flitwick. Dep St Pancras Thameslink plat.B 1006 (Bedford train), (West Hampstead TL 1014), arr Flitwick 1056. OS LR 153, EX 193. Leader Geoffrey, who will meet party at Flitwick Station

SATURDAY 9th JANUARY OUTDOOR ACTIVE PRACTICE WALK: BUSHEY TO WATFORD HIGH ST (Linear) 7 Miles. *Woodland paths, parks, a disused railway line and the Grand Union Canal. Flat route, possible mud.* This walk is for existing and potential walk leaders who would like to learn how to follow a route with the free app Outdoor Active. Dep. Euston (Lioness line to Watford Jct) 10.00, (Harrow and Wealdstone 10 30) arr. Bushey 10.41. Probably a cafe stop for coffee V11 cafe. Picnic or lunch stop TBC. Return from Watford High Street stn (Lioness Line). All Travel in Oyster/Freedom Pass zone. EX173. If you would like to take part please contact the leader Gillian Williams in advance to receive the route and instructions on downloading to the app.

SUNDAY 10th JANUARY: LITTLE CHALFONT TO AMERSHAM PLUS CHESS VALLEY CIRCULAR (9 MILES)

Lanes, fields and woodland. Some ups and downs. Expect mud. Dep. Marylebone (Aylesbury train) 09.57, Harrow 10.09, arr Chalfont & Latimer 10.28. Cafes in Amersham for lunch or picnic. Total distance approx 9 miles. Can cut short at lunchtime (4 miles). Return from Amersham. All travel in Oyster/Freedom Pass zones. EX 172. Leader Gillian (07719 452023)

SATURDAY 16th JANUARY CHINGFORD TO ENFIELD LOCK (Linear) 6 miles approx. *Relatively easy walking through woods and down hills passing near Connaught Water. After lunch we continue through Sewardstone to Enfield Lock Station.* Dep. London Liverpool Street 10:46 (Walthamstow Central 11.01) arr. Chingford 11:13. All travel within zone 6. Lunch The Owl PH or bring a picnic. EX173. Leader: Rob

THURSDAY 21st TO MONDAY 25th JANUARY SNOW WALKING WEEKEND IN BAVARIA, GERMANY We will be staying in a hotel in Krun <https://www.alpenwelt-karwendel.de/en/kruen-bavaria> - Deadline for bookings 26 OCTOBER. Enquiries to Dominique

SATURDAY 23rd JANUARY NUNHEAD to PECKHAM (Linear) 5 miles. *Nunhead's Victorian Cemetery, assorted green spaces, One Tree Hill with its viewpoint, Peckham Rye Park and Common. One steep (but v.short) ascent and descent.* Dep. Victoria 10.03 arr. Nunhead 10.19 (Gravesend train) OR Dep. Blackfriars 10.16 arr. 10.33 (Sevenoaks train). All travel in zone 2. Ret. from Peckham Rye. Weather permitting picnic at One Tree Hill or continue to White Horse Pub or a cafe in Peckham Rye. Leader Kathy H

SATURDAY 30th JANUARY WOLDINGHAM (Circular) 11 miles. *Lovely & hilly walk in Surrey.* Buy OPDR to Woldingham. Dep Victoria 09.20 (Clapham Junction 09.27, East Croydon 9.40), arr. Woldingham 09.56. Bring picnic but possible refreshment stop at Botley Hill Farmhouse. OS 146 & 147. Leader: Harriet