

The Polytechnic Rambling Club

In association with THE UNIVERSITY OF WESTMINSTER

Founded 1885

Affiliated to the Ramblers' Association (Inner London Area)

Affiliated to HF Holidays



Programme Co-ordinators

Susan James 07763 131145 susan271@btinternet.com Jennifer Mackenzie mackenzie23@btinternet.com

JUNE to SEPTEMBER 2025

If you do not receive emails please check with the leader prior to the walk for any updates to travel as train timetables are often subject to last minute alterations

SUN 8th JUNE GREAT MISSENDEN and 140th ANNIVERSARY TEA (Circular) 4 miles. *A short walk to sharpen the appetite for the 140th Anniversary Tea at Missenden Abbey.* Buy OPDR to Great Missenden. Dep. Marylebone (Aylesbury train) 10.57 (Harrow on the Hill 11.09) arr. Great Missenden 11.40. EX181. Leaders Danny (07907 346957) and Yvonne D. The walk will finish at Missenden Abbey for afternoon tea at 3pm (fully booked). Missenden Abbey is a 9 minute walk from the station. If you are coming straight to the tea the suggested train from Marylebone is 13.57, arriving Great Missenden 14.40. Enquiries to Gillian gswan70@gmail.com 07719452023

WED 11th JUNE EVENING WALK IN BAYSWATER - MARBLE ARCH to QUEENSWAY (Linear) 3 miles. Learn about Horseman's Sunday, discover one of the last standing mews with horses in Central London, see the renovated Whiteley building and the Cathedral of St Sophia. Meet outside Marble Arch station 18.00. Leader Dominique

SAT 14th JUNE LONDON LOOP-15 HATCH END to BOREHAMWOOD (Linear) 9.5 miles *Lovely open areas, woods, ponds and a reservoir passing the scene of W. S. Gilbert's demise and the HQ of the Royal Air Force's Fighter Command.* Fairly level, some gentle ascents and a couple of stiles. Dep. Euston 09.45 (Lioness Line) arr. Hatch End 10.20. All travel within zone 6. Bring a picnic. Opportunity for a drink at the end. EX 173/182 Leader Jackie McCartan

SAT JUNE 21st VANGUARD WAY PART 5- FOREST ROW to POUNDGATE (Linear) 7 miles. *To the half way point of the V. Way through heathland, Ashdown Forest and Winnie the Pooh country.* Some steepish ascents/descents. Buy OPDR to East Grinstead and single Eridge to Hurst Green. Dep. Victoria 09.50 (C.Junction 09.57) arr. E. Grinstead 10.50, bus to Forest Row. Ret. bus to Eridge for London train. Bring a picnic. EX 135 Leaders Hilary 07814 512184 and Susan 07763 131145

SAT 28th TO MON 30th JUNE NORFOLK COAST PATH PART 3: SHERINGHAM to HAPPISBURGH. Fully booked. Enquiries to Gillian gswan70@gmail.com 07719452023

WEDNESDAY JULY 2nd HAMPTON COURT PALACE GARDENS AND BUSHY PARK WATER FEATURES (Circular) 5 miles. *Take the opportunity to visit Hampton Court Palace Gardens for free and explore Bushy Park. Discover the Diana Fountain, the Waterhouse Woodland Garden and the Upper Lodge Water Gardens.* Dep. London Waterloo 11.06 (Vauxhall 11.10, Clapham Junction 11.15, Wimbledon 11.22). Arr. Hampton Court 11.43 (zone 6). Bring picnic or lunch at the Lion Gate Café. Ret. bus R68 from Hampton Hill to Hampton Court and walk to the station. Leader Dominique

SAT JULY 5th LONDON LOOP-16 BOREHAMWOOD to COCKFOSTERS (Linear) 11 miles *Countryside, woods, fields and Monken Hadley (buildings of historical or architectural interest).* Several fairly steep ascents and one stile. Dep. St. Pancras 10.03 arr. Elstree & Borehamwood 10.32. Travel within zone 6. EX 173. Bring picnic. Leader Jackie McCartan

SUN JULY 6th PADDINGTON/REGENTS PARK & 140th ANNIVERSARY PICNIC (Linear) 5 miles *Little Venice, Primrose Hill & the Regents Park Bandstand for a celebration picnic accompanied by music.* Meet 11.00 Paddington Hammersmith & City Station (Zone 1). Bring picnic. EX173. Leader Danny 07907 346957

SAT JULY 12th HOLLINGBOURNE to BEARSTED (Kent) (Linear) 11 miles approx. *Undulating landscape, steep sections up to North Downs and down again, with views of the rolling Kentish countryside.* Buy OPDR to Hollingbourne. Dep. Victoria 9.55 arr. Hollingbourne 11.09. Bring picnic. PH pause at Hucking. EX 148. Leader Pam

SAT JULY 19th HENLEY TO PANGBOURNE (Linear) 11.9 miles. *Lovely country ramble with fields, beech woods, small villages and alpacas, starting and finishing by the Thames.* Buy OPDR to Pangbourne and single Twyford to Henley-on-Thames. Dep. Paddington 10.08 arr. Twyford 10.37, dep. 10.45 arr. Henley 10.57 (FP holders can use Elizabeth dep. Paddington 9.47 arr. Twyford 10.33 + single Twyford to Henley-on-Thames + single Pangbourne to Reading). Lunch tbc. EX171, LR175. Leader Rochelle

SAT JULY 26th LEIGH to SEVENOAKS (Linear) 9 miles *Lovely rural walk through Kent's 'rolling tidal landscape' with a steep climb up to beautiful Knole Park* Buy OPDR to Leigh (Kent). Dep. London Bridge (Dover Priory train) 10.13 arr. Tonbridge 10.46 dep. 11.01 (Redhill train) arr. Leigh 11.05. Lunch in the White Rock pub at Underriver or bring a picnic. Possible tea stop at Knole House or Sevenoaks. EX147. Leader Chris

SAT AUGUST 2nd GRAND UNION CANAL TRIP FROM APSLEY Fully booked. Joining instructions will be circulated to participants nearer the time. Enquiries to Gillian gswan70@gmail.com 07719452023

THUR AUGUST 7th A CHELSEA WALK (Circular) 4 miles. *Many blue plaques, the oldest street in Chelsea, a Moravian church, Crosby Hall moved brick by brick from Bishopsgate, a bridge designed by Sir Joseph Balzagette and the Royal Hospital Chelsea where we will visit the interactive exhibition and have a cup of tea.* Meet outside Sloane Square station 11.00. Bring a picnic (this is Chelsea, there are no affordable cafes or pubs!). Leader Dominique

SAT AUGUST 9th HILDENBOROUGH and LEIGH (Circular) 7 miles *Fairly flat walk to visit the Club's donated kissing gate, now with plaque, and beyond with woodland and waterways.* Buy OPDR to Hildenborough. Dep. Charing Cross 09.45 (Waterloo East. 09.48, London Bridge 09.54) arr. Hildenborough 10.26. Lunch tbc. EX147. Leader Kim

SAT AUGUST 16th DOVER to DEAL (Linear) 11 miles *Fabulous coastal walk along the top of the famous white cliffs with views across the English Channel, passing two Henry VIII castles.* Two significant climbs. Buy OPDR to Deal (Freedom passes not valid on high speed train) Dep. St Pancras 09.40 arr. Dover Priory 10.54am. Lunch cafes at St Margaret's Bay or bring picnic. EX 138 Leader Mary K.

FRI 22nd-TUES 26th AUGUST BANK HOLIDAY WEEKEND in CANTERBURY Enquiries to Gillian gswan70@gmail.com 07719452023

SAT AUGUST 30th MERSTHAM TO OXTED (Linear) 8.75 *North Downs Way via Arthur's Seat, Gravelly Hill, Winders Hill.* Undulating with several climbs. Buy OPDR to Merstham plus single Oxted to South Croydon. (FP/Oyster 60+ single Zone 6 (Coulsdon South) to Merstham PLUS single Oxted to Upper Warlingham). Dep London Bridge (Thameslink) 1030 arr Merstham 1101. Lunch The Harrow PH near Arthur's Seat or bring picnic. LR 187, EX 146. Leader Geoffrey

WED SEPTEMBER 3rd GREEN LONDON WAY PART 6 FOREST HILL TO STREATHAM (Linear) 8 miles (or 3.5 miles return from Crystal Palace or 4.7 miles return from Gipsy Hill). *An undulating walk continuing the Green London Way via Sydenham Hill Woods, Dulwich Woods, Sydenham Wells Park, Crystal Palace Park, Dulwich Upper Wood, Norwood Park and Norwood Grove.* Dep. London Bridge at 10.58, arr. Forest Hill 11.12. All travel zone 3. Lunch in Crystal Palace Café or bring picnic. Leader Dominique

SAT SEPTEMBER 6th MALDON (Circular) 5.5 Miles *A pretty estuary town, home of salt making, and a network of fascinating waterways.* Buy OPDR to Chelmsford. Dep Liverpool St. (Braintree train) 09.48 (Stratford 09.55), arr. Chelmsford 10.21, bus 331 10.40 to Maldon, arr. 11.12. Lunch Maldon or bring picnic. EX176. Leader Danny 07907-346957

SAT SEPTEMBER 13th SAUNDERTON (Circular) 12.5 miles *A varied walk in the Chilterns including Bledlow Ridge, parts of the Ridgeway, Chiltern Way and Grim's Dyke.* Undulating with 2 steep climbs. Buy ODPR to Saunderton. Dep. Marylebone 09.52 arr. Saunderton 10.52. Lunch tbc. or bring picnic. EX 171 Leader Jo

SUN SEPTEMBER 14th HARMONDSWORTH MOOR (Circular) 7 miles *An impressive landscaped area of trees, grassland and lakes with visit to a rarely opened 14th century great barn (free entry).* Mostly flat. Dep. Paddington (Zone 6) Elizabeth line 10.32 arr West. Drayton 10.52 Lunch White Horse PH, Longford or bring picnic. EX 160 Leader Les

SAT SEPTEMBER 20th PENSURST AREA (Kent) (Circular) 10 miles. *Rivers and hills.* Buy OPDR to Ashurst, Kent. Dep. London Bridge 10.07. Arr. Ashurst stn 10.57, where leader will meet the group. Lunch Tbc. EX147 Leader Kim

SAT SEPTEMBER 27th MARSTON VALE (Beds.) (Circular) 7 miles. *Fields, lakes and woodland. Kempston Hardwick is a small halt, its future and surrounding farmland is threatened by the development of Theme Park recently announced in the national news.* Buy OPDR to Kempston Hardwick. Dep St Pancras EMR Hi level 09.45 arr. Bedford 10.25, dep 10.47 arr. Kempston Hardwick 10.56. Lunch Marston Forest Centre café or bring picnic. OS LR153. EX208. Leader Geoffrey