

## **The Polytechnic Rambling Club**

In association with THE UNIVERSITY OF WESTMINSTER

*Founded 1885*

**Affiliated to the Ramblers' Association (Inner London Area)**

**Affiliated to HF Holidays**



### **Programme Co-ordinators**

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### **FEBRUARY to MAY 2025**

**If you do not receive emails please check with the leader prior to the walk for any updates to travel as train timetables are often subject to last minute alterations**

**SAT 1<sup>ST</sup> FEBRUARY CAPITAL RING : NORTHWICK PARK to WEST HENDON (Linear)** 8 miles. *Via Fryent Country Park and Welsh Harp, undulating with views.* Meet 11.00 Northwick Park Met line station, allow 30 mins from Baker Street. All travel zones 1-4. Bring picnic. Drink and comfort stop at The George PH, Church Lane. Ret. From Hendon Thameslink stn, with option to take 142 bus short hop, for tea in Brent Cross John Lewis. EX 173 or LR 176. Leader Geoffrey

**SAT 8<sup>TH</sup> FEBRUARY CRYSTAL PALACE to NUNHEAD CEMETERY (Linear)** 6 miles. Some quite steep sections, including steps. **It is not a stroll.** Dep. Victoria 10.06 arr. C.Palace (zone 3/4) 10.35 OR Dep. London Bridge 10.10 arr. C. Palace 10.37. Ret. from Nunhead station (zone 2). Lunch Horniman Museum or bring picnic. EX161. Leader Mike Coyle

**WED 12<sup>TH</sup> FEBRUARY BROCKWELL PARK WALK (HERNE HILL STATION TO BRIXTON STATION) (Linear)** 3.9 miles. *Meander through an urban park in South-East London noted for its 19<sup>th</sup> century layout then continue to Brixton passing its windmill.* Dep. Victoria 11.12 platform.3, arr. Herne Hill 11.21 OR Blackfriars platform 1 at 11.06, arrive 11.19. All travel zones 2-3. Lunch Brockwell Hall Café or bring a picnic. EX 161, LR 177. Leader Dominique

**SAT 15<sup>TH</sup> FEBRUARY HANWELL to NORTHOLT (Linear)** 8.5 miles. *Follow the river Brent to Horsenden Hill and after lunch visit the Greenford Beaver colony.* Realistically we won't see beavers but will see their dams. Option to cut short after beavers from Greenford (6.5 miles). Dep. Paddington 9.54 (Elizabeth Line to Heathrow T2,3&4) arr. Hanwell (zone 4) 10.08 Lunch Ballot Box, Greenford, or bring a picnic. EX161. Leader Stephen

**SUN 23<sup>RD</sup> FEBRUARY WEST HUMBLE (Circular)** 10 miles *Lovely, hilly & invigorating walk in the Surrey Hills.* Some steep inclines but rewards at the top. Buy OPDR to Box Hill & West Humble. Dep. Victoria 9.40 (Clapham J. 10.12) (Dorking train) arr. Box Hill & WH 10.34. Bring a sandwich but drink stop at The Cock Inn at Headley. EX146. Leader Harriet

**SAT 1<sup>ST</sup> MARCH ISLEWORTH TO KINGSTON (Linear)** 8.5 miles. *Old Isleworth, Richmond Park, Ham Common, and Thames Path to Kingston.* Mostly flat. Dep. Waterloo 9:52 arr. Isleworth 10:27. Return from Kingston. Travel within zone 6. Lunch at Hollyhock Cafe/Pembroke Lodge Cafe or bring picnic. Leader Ida who will meet the group at Isleworth.

**SAT 8<sup>TH</sup> MARCH STRATFORD to LITTLE VENICE** 5-6 miles. *Support WaterAid and the women in the world who have to walk 5Km every day to collect water on International Women's Day! Walk to the places where we are fortunate enough to enjoy water in our own lives thanks to some outstanding benefactors.* Meet Stratford station 10.30 (Stratford Plaza, not Westfield side). Travel within zones 1-2. Eateries, comfort stops and drop-out points en route. Let the leader know if you are interested in joining her on the walk or wish to sponsor the group. Leader Pam

**SUN 9<sup>TH</sup> MARCH LONDON LOOP : UXBRIDGE to MOOR PARK (Linear)** 10.5 miles *Along the Grand Union canal, almost completely level, then a stiff ascent onto rolling Hertfordshire countryside, green paths and 10 stiles (possibly muddy).* Meet Uxbridge station(main entrance) Metropolitan/Piccadilly line for 10.30 start. All travel within zone 6. Lunch tbc or bring picnic. Ex160 & 173. Leader Jackie McC.

**SAT 15<sup>th</sup>MARCH VANGUARD WAY PART 4 : EDENBRIDGE to FOREST ROW (Linear)** 11.2 miles *Mostly in open country with some wooded areas.* May be muddy and overgrown in parts. Buy OPDR to Edenbridge Town and single East Grinstead to Hurst Green. Dep. London Bridge 10.07 arr. Edenbridge Town 10.45 (E. Croydon 10.22) Bring a picnic lunch. EX147&135. Leaders Hilary (07814 512184) and Susan (07763 131145).

**SAT 22<sup>nd</sup> MARCH ANNUAL GENERAL MEETING** 11.00 St Georges Church Community Space, Campden Hill, W8 7JG. Nearest tube Notting Hill/ Holland Park. All members welcome. Refreshments available after the meeting. Notice of motions to reach the Secretary [gswan70@gmail.com](mailto:gswan70@gmail.com) no later than 22nd February. After the AGM a gentle optional amble through Kensington Gardens with possible visit to the Serpentine Gallery to see the amazing Arpita Singh's exhibition, continuing through the Royal Parks to Westminster tube. Leader Jackie C.

**SUN 30<sup>th</sup>MARCH LONDON LOOP : MOOR PARK to HATCH END (Linear)** 5 miles *A short,high, undulating section through some lovely woodland,mostly on grass, earth paths and tracks, could be muddy. Three stiles.* Meet Moor Park station, Metropolitan line for an 11.00 start. All travel within zone 6. Lunch tbc. EX173 Leader: Jackie McC.

**THUR 3 APRIL BECKENHAM PLACE PARK (RAVENSBOURNE TO BECKENHAM HILL) (Linear)** 3 miles. *Mildly undulating route through an attractive park in South-East London and along the Ravensbourne river.* Dep. Blackfriars, platform 3, 11.16, arr. Ravensbourne 11.47. All travel zones 1-4. Lunch Palladian, Beckenham Place Mansion or bring a picnic. LR 177. Leader Dominique

**SAT 5<sup>th</sup>APRIL OCKLEY to HORSHAM (Linear)** 12.5 miles. *A beautiful walk through unspoilt countryside of fields, woods and gentle hills.* Fairly flat and possibly still muddy. Buy OPDR to Horsham. Dep. Victoria 9.43 arr. Ockley 10.51. Pub lunch TBC or bring picnic. OL34 & 146 LR187. Leader Rochelle

**SAT 12<sup>th</sup>APRIL HEVER to LEIGH (Linear)** 8.8 miles *An easy, fascinating and beautiful walk passing 2 castles, a stately home, rivers, woods and 3 lovely villages.* Buy OPDR to Leigh and a single from Edenbridge Town to Hever. Dep. London Bridge (Uckfield train) 10.07, arr. Hever 10.49. Lunch tbc or bring picnic. EX147. Leader Chris

**FRI 18<sup>th</sup>-TUES 22<sup>nd</sup> APRIL ISLE of MAN weekend.** Fully booked.

**SAT 26<sup>th</sup>APRIL WRABNESS to MANNINGTREE (Linear)** 10 miles *Peaceful relatively flat walk along the Essex Way on the banks of the Stour Estuary with the sounds of seabirds massing along the shoreline. Pass Grayson Perry's quirky 'House for Essex'.* Buy OPDR to Wrabness. Dep. Liverpool St. 10.00, arr. Manningtree 10.55, dep. Manningtree 11.00 arr. Wrabness 11.09 Bring a picnic. EX184. Leader Mary

**SAT 3<sup>rd</sup> MAY FAVERSHAM & HAM MARSHES (Circular)** 6 Miles *Tour the saltmarsh fields inland from one of Kent's oldest ports.* Buy OPDR to Faversham. Dep. Victoria 10.10 (Ramsgate train) arr. Faversham 11.25. Lunch enroute at the Shipwrights Arms or bring picnic. EX149. Leader: Danny (07907 346957)

**SAT 10<sup>th</sup>MAY KEW GARDENS WITH LONDON BLIND RAMBLERS** 3.5miles *A sensory walk through the Royal Botanic Gardens.* Details to follow when we know how many guides will be needed, please text Pam NOW if you would like to help. Guides will be admitted free to the Gardens. Leaders Pam and Jennifer

**SAT 17<sup>th</sup>MAY WENDOVER TO CHESHAM (Linear)** 9 miles. *A scenic stile free walk through fields and woodland.* Buy single to Wendover (Oyster 60+ or FP buy single Amersham to Wendover). Dep. Marylebone 9.27 (Harrow 9.39) arr. Wendover 10.16. Return on the Metropolitan line from Chesham (use oyster or contactless), trains every half hour. Bring packed lunch, drink and comfort stop only at Cock and Rabbit pub. EX181. Leader Sunita

**SAT 24<sup>th</sup>MAY PLUMPTON to HASSOCKS (Linear)** 12 miles. *Lovely walk in Sussex, some steepish climbs up onto the South Downs, although mostly fairly flat.* Buy OPDR to Haywards Heath PLUS single Haywards Heath to Plumpton AND single from Hassocks to Haywards Heath. Dep. Victoria 9.54 (Clapham Junction 10.01) arr. Plumpton 10.49. Picnic lunch in Ditchling but there are cafes & tea shops for post-sandwich delights. OL11 Leader Harriet

**SAT 31<sup>st</sup>MAY AYLESBURY VALE PARKWAY TO AYLESBURY (Linear)** 11-12 miles. *Undulating route through hilltop villages to the north of Aylesbury, finishing with 2 miles of canal footpath into Aylesbury town.* Buy OPDR to Aylesbury Vale Parkway. Dep. Marylebone 09.27, (Harrow 09,39) arr. Aylesbury VP 10.33. Lunch tbc. EX181 Leader Gillian who will join the train at Amersham. (07719 452023)