

**The Polytechnic Rambling Club**  
In association with THE UNIVERSITY OF WESTMINSTER  
*Founded 1885*  
**Affiliated to the Ramblers' Association (Inner London Area)**  
**Affiliated to HF Holidays**



**Programme Co-ordinators**

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**PROGRAMME FEBRUARY to MAY 2024**

**If you do not receive emails please check with the leader prior to the walk for any updates to travel as train timetables are often subject to last minute alterations**

**SAT 3<sup>rd</sup> FEBRUARY WALK AND VISIT to BATTLE OF BRITAIN BUNKER UXBRIDGE (Circular)** 5-6 mile morning walk alongside canals and rivers. Meet Uxbridge station 10.30 (Met line 45 mins from Baker Street). Lunch at museum cafe or pubs/cafes in town before 2.30pm tour. Joining instructions to follow for those who have booked. Enquiries re availability (£12 adult/£9.50 65+) to Gillian S.(07719452023).

**SAT 10<sup>th</sup> FEBRUARY FLITWICK (Circular)** 8 miles. *Manor Park (formerly grounds of Flitwick Manor fields and woods skirting Greenfield.* Gently undulated. Lunch at NuYard garden centre cafe. Buy OPDR to Flitwick. Dep. St.Pancras Thameslink (Bedford train) Pltfrm B 10.06, arr Flitwick 10.54. EX193 or LR 153/166. Leader Geoffrey who will meet the party at Flitwick station.

**SUN 18<sup>th</sup> FEBRUARY WALTHAMSTOW to SMITHFIELD (Linear)** 9 miles *The Black Path along which, cattle were driven from Walthamstow to Smithfield Market, quick visit to the Pumping House Museum* Meet 10.30 Blackhorse Road Tube (Victoria line Zone 3). Lunch at Victoria Park Cafe. Option to shorten the walk by 4 miles at Bethnal Green. Leader: Stephen.

**SAT 24<sup>th</sup> FEBRUARY THE SILCHESTER TRAIL FROM BRAMLEY (HANTS) (Circular)** 8 miles. *Walk to the Roman Town of Calleva Atrebatum at Silchester which has some of the best-preserved Roman town defences in England; the remains of the amphitheatre still stand.* Buy OPDR to Bramley. Dep. Paddington 9.50, arr. Reading 10.13 (or take the Elizabeth Line). Dep. Reading 10.37, arr. Bramley 10.56. Lunch at Calleva Arms or bring a picnic. OS EX 159 Leader: Dominique.

**SAT 2<sup>nd</sup> MARCH WENDOVER WOODS (Circular)** 5 miles *A not too challenging climb on well made gravel paths to savour splendid views at the top, descending past an idyllic stream, lake and church.* Buy OPDR to Wendover. Dep. Marylebone 10.27 (Harrow) 10.39 arr. Wendover 11.16. Lunch Wendover Woods Cafe or bring a picnic. EX 181. Leaders Les and Carol d' S.

**THUR 7<sup>th</sup> MARCH LONDON'S INNS OF COURT (Circular)** 3 miles. *Discover the four Inns of Court: Middle Temple, Inner Temple, Lincoln's Inn and Gray's Inn.* Meet 11.00 Temple Underground station (Circle and District lines) Lunch Garden Room of Middle Temple or bring a picnic. Leader: Dominique.

**SAT 9<sup>th</sup> MARCH ANNUAL GENERAL MEETING** 11.00 St Georges Church Community Space, Campden Hill, W8 7JG. Nearest tube Notting Hill/ Holland Park (use Central line, no District/Circle). All members welcome. Refreshments available after the meeting. Notice of motions to reach the Secretary [gswan70@gmail.com](mailto:gswan70@gmail.com) no later than 10<sup>th</sup> February

**SAT 16<sup>th</sup> MARCH COCKFOSTERS to HIGHGATE (Linear)** 8 miles *Part 1 of the North-South London Trail through woodland and hidden green spaces.* Meet Cockfosters station 10.30. All travel zones 3-5. Lunch Palmers Greenery Community cafe' or bring a picnic. Leader: Susan\_(07763131145).

**SUN 24<sup>th</sup> MARCH LONDON LOOP : HAMSEY GREEN to COULSDON S. (Linear)** 6.4 miles. *Kenley Aerodrome, via Happy Valley, Farthing Downs ridge with great views.* Several steep climbs, long flights of steps and two stiles. Dep. Victoria (E.Grinstead train) 10.21 (Clapham Junction 10.28) arr. Sanderstead 10.44, bus 403 dep. 10.58 arr. Hamsey Green 11.10. Return from Coulsdon South. All travel within zone 6. Lunch tbc. EX 161/146 Leader : Jackie.

**SAT 30<sup>th</sup> MARCH OXFORD (Circular)** 9 or 5.5 miles *Thames, Port Meadow, Oxford canal and colleges.* Buy OPDR to Oxford or advance tickets, if available. Dep. Paddington 09.50 (Oxford train) arr. 10.43. Return train no earlier than 15.31 for shorter walk and 17.00 for longer walk. Lunch at Plough Inn, Wolvercote or bring picnic. EX180. Leader: Danny (07907-346957).

**SAT 6<sup>th</sup> APRIL DARENT VALLEY and NORTH DOWNS (Circular)** 11 miles *Via Otford and Shoreham* Buy OPDR to Otford. Dep. Victoria 9.55 arr.Otford 10.31 Lunch tbc .EX 147 Leader : Kim.

**SAT 13<sup>th</sup> APRIL OXTED (Circular)** 12 miles *Lovely walk on Surrey/Kent border. A few hills.* Dep. London Bridge 9.07, arr. Oxted 9.35. Buy OPDR to Oxted. Bring a picnic so there's time for a visit to cafe or pub in Westerham. EX 146/147 Leader Harriet.

**SUN 14<sup>th</sup> APRIL HAMPSTEAD (Circular)** 5 miles. *Gentle walk through the streets of Hampstead, more blue plaques than any other London suburb, and the outskirts of the Heath.* Meet Hampstead underground station 10.30. Lunch in cafe or picnic at Kenwood House. There will be time for a brief visit the house, [prebook a \(free\) ticket at englishheritage.seetickets.com](http://prebook.a.free.ticket.at.englishheritage.seetickets.com). Leader Jennifer.

**SAT 20<sup>th</sup> APRIL BIGGLESWADE to SANDY (Beds.) (Linear)** 11 miles *Via the picturesque village of Old Warden. The Greensand Ridge Walk along grassy tracks and woodland trails, with another picturesque village.* Lunch at The Hare & Hounds, Old Warden, or bring picnic. Buy SOPDR to Sandy (Beds.). Dep.St. Pancras Thameslink train Plat B, 9.46, arr. Biggleswade 10.31. EX 208. Leader Pam.

**WED 24<sup>th</sup> APRIL HIGHGATE CEMETERY** *Meet 11.00 for an extended tour of the West Cemetery (90 mins approx.) covering the history of the cemetery and a visit to some of the graves. Visitors may then roam in the East Cemetery as they wish.* Lunch in Waterlow Park followed by a walk. Further info and request for expressions of interest early February. Leaders: Chris and Hilary (07814 512 184).

**SAT 27<sup>th</sup> APRIL PETERSFIELD to LISS (Linear)** 12 miles. *We follow the Hangars Way through an unspoilt AONB. The climb up Shoulder of Mutton Hill is rewarded with spectacular views of the South Downs. One short steep downhill section.* Buy OPDR to Petersfield. Dep. Waterloo 09.30 arr. Petersfield 10.32. Lunch tbc. OS EX OL33 or 133 LR 197 185. Leader Rochelle.

**SAT 4<sup>th</sup> MAY CHIPSTEAD to KINGSWOOD (Linear)** 9.5 miles *Undulating walk in a varied landscape of ancient woodland, open downs and farmland, partly following the popular Banstead Woods Nature Trail.* Dep. London Bridge 10.10 arr. Chipstead 10.55. Lunch at Well House Inn, Mugswell or bring a picnic. All travel within zone 6. EX 146. Leaders Jennifer and Sunita.

**MON 6<sup>th</sup> MAY ROMFORD to HAVERING PARK (Linear)** 5.4 miles *Pleasant uphill walk through a string of municipal parks to Havering Country Park.* Meet Romford Elizabeth Line Station 11.00 (zone 6). Lunch at the Orange Tree, Havering-atte-bower. Ret. to Romford by bus EX175. Leader: Danny (07907-346957).

**SAT 11<sup>th</sup> MAY AMERSHAM to BEACONSFIELD (Linear)** 8 miles *Woodland, open countryside via Amersham Old Town.* Dep. Marylebone 10.27 (Harrow on the Hill 10.39) arr. Amersham 11.02. Use Oyster/FP to Amersham, buy single from Beaconsfield to zone 6/Marylebone. EX 172 Bring a picnic. Leader Cathy M.

**WED 15<sup>th</sup> MAY GREEN LONDON WAY PART 4: WOOLWICH TO GREENWICH (Linear)** 8.2 miles. *Woolwich Common, Charlton Park, Maryon Park, along the Thames to Greenwich Peninsula and Greenwich.* One ascent to 217ft. Meet 11.00 Woolwich Elizabeth Line station (zone 4) Ret. from Cutty Sark DLR station (zones 2/3). Lunch in cafe or bring picnic. OS EX 162 Leader: Dominique.

**SAT 18<sup>th</sup> MAY MANNINGTREE (Circular)** 10.5 miles *Along the Stour valley through magnificent Constable country, now an AONB.* Lunch in the Arts & Craft Centre in Dedham or bring a picnic. Reasonably flat with a few stiles. Buy OPDR Manningtree. Dep. Liverpool St. 10.00 arrive 10.54 OS EX 196 Leader: Mary K.

**THUR 23<sup>rd</sup>-MON 27<sup>th</sup> MAY WEEKEND in APPENINES near PARMA, ITALY.** Fully booked.