

The Polytechnic Rambling Club

In association with THE UNIVERSITY OF WESTMINSTER
Founded 1885

Affiliated to the Ramblers' Association (Inner London Area)
Affiliated to HF Holidays



Programme Co-ordinators

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PROGRAMME JULY-SEPTEMBER 2021

SAT 3rd JULY AMERSHAM CIRCULAR (approx 7 miles). *Some road walking from the station into newly planted Jubilee Wood, across fields to Little Chalfont, cross a golf course to lunch at The Ivy House, or bring picnic. See some of the HS2 works and follow the River Missenden back to Amersham Old Town, with plenty of tea shops and pubs.* Train from Marylebone 10.27 a. 11.02 or tube from Baker Street 10.05 and 10.54. Return trains to Marylebone, 09 and 39 past hour, tubes 17 and 47. EX 172. Leader will meet you in Amersham, Yvonne D.

SUN 4th JULY FOLKESTONE WEST TO DOVER (LINEAR) 10 miles). *Coastal along the North Downs Way clifftop path. Via Sugarloaf Hill, Creteway Down, Lydden Spout, Shakespeare Cliff. 1 climb near start.* By popular demand this is the iconic ramble initially undertaken in October 1985, immortalised on our book cover "Walking through the Years". Bring your sunhat and suncream. Bring Picnic lunch. Meet St Pancras stn near UK ticket office. Buy Super OPDR to Dover Priory, £23.55 with railcard on southeasternrailway.co.uk. Train dep 09.37 arr Folkestone West 10.27. Walk ends at Dover Priory stn. LR 179, EX 138 Leader Geoffrey

SAT 10th JULY A GRAND DAY OUT: EPPING-ONGAR (LINEAR) - *including a steam train ride, circular walk with a tour of the Kelvedon 'Secret' nuclear bunker.* Meet Epping underground station (Central Line) at 10.15. We will take the 10.25 Heritage Bus to North Weald where we will catch the 11.00 am steam train to Chipping Ongar. Buy ticket online www.eorailway.co.uk (further information on which ticket to buy to follow by email) and walk to the bunker (3.5miles) where we can take a self-guided tour £8.50 each or £8.00 for groups of 15 or more (cash only). Picnic lunch at the bunker. Return to Ongar by bus or walk, with time to admire Greensted Church, the oldest wooden church in the world! (4.5 miles). EX 175, 183. Leaders Stephen, Rochelle and Danny 07907 346957.

SAT 17th JULY WEST DRAYTON CIRCULAR (approx 7 to 8 miles) Lunch tbc. *Mostly a canal walk finishing with tea at Val's where she will have some items on sale for the Sevai Society in Mumbai should you be interested.* Meet West Drayton mainline station 10.15am. Option to return by bus to Uxbridge for Met/Piccadilly Lines. Can accommodate 8 for tea (please email susan271@btinternet.com to book). Travel within zone 6. EX 160 Leader Val

SAT 24th JULY HARROW on the HILL (5 miles) Information to follow. Leaders Dolly and Mick

SUN 25th JULY SHOREHAM CIRCULAR via LULLINGSTONE (6.5 miles) *Varied walk, including hills, meadow, river and woodland.* Meet Blackfriars stn. Buy OPDR to Shoreham. Take 10.12 train (OR Victoria 10.25 with

1 change), arr. Shoreham 11.09 (11.08) where leader will meet group. Picnic lunch & pub at end of walk. EX147 Leader: Kim.

TUES 27th JULY EVENING WALK-BELGRAVIA (1.5 miles) *Known as Five Fields during the Middle Ages, it became a dangerous place due to highwaymen and robberies. Developed in the early 19th century by Richard Grosvenor, 2nd Marquess of Westminster, under the direction of Thomas Cubitt. It is now one of the wealthiest districts in the world.* Meet Sloane Square tube station 18.00. Walk ends in Knightsbridge. Leader: Dominique

SAT 31st LEWES CIRCULAR (14.5 miles) *Wonderful but possibly challenging post-lockdown walk including bits of the South Downs Way. The paths are generally excellent but here are three mighty climbs which are well worth the effort for the rewards at top & bottom. The tea garden at Glynde is particularly lovely but we need to keep up a good pace to get there in time.* Meet Victoria station. Buy OPDR to Lewes. Dep. 9.24. Arr Lewes 10.26. We reward ourselves after the first climb with a swift half at the Abergavenny Arms in Rodmell. Picnic lunch by the church at Southease. Tea, with luck, at Glynde & all the pubs in Lewes available for our well-earned refreshment at the end. EX OL11. Leader Harriet.

SAT 7th AUGUST HEVER, COWDEN & MARKBEECH CIRCULAR (9.5 miles) *Varied walk, including meadows, villages and woodland.* Meet London Bridge stn. Buy OPDR to Hever. Take 10.07 train, arr. Hever 10.49. where leader will meet group. Picnic or pub lunch. EX147. Leader: Kim.

SUN 8th AUGUST PICNIC REGENT'S PARK & BANDSTAND CONCERT CIRCULAR (4.5 miles) *A circuit of this superb park & panoramic views from Primrose Hill followed by a music picnic.* Meet Regents Park Bakerloo Station at 11.00. Picnic lunch by the park bandstand accompanied hopefully by a concert. EX173. Leader: Danny (07907-346957 or 07591-999016)

SAT 14th AUGUST WIMBLEDON to RICHMOND LINEAR (7 miles) One of the prettiest sections of the Capital Ring : through Wimbledon Park and Wimbledon Common, past Wimbledon Windmill to Richmond Park, through Petersham Meadows, famous in Turner's paintings, and along the Thames Path National Trail to Richmond station. Picnic lunch. Meet Wimbledon Park station 10.00. EX 161. Leaders Sunita and Jennifer

SAT 21st AUGUST THE JOHN RAY WALK-BRAINTREE to WITHAM (ESSEX) LINEAR (9 miles) *This walk celebrates the life and achievements of John Ray – a naturalist and philosopher- heralded as the father of English natural history and who laid the foundations for the classification of all living things. Easy walking through gently undulating countryside which can be cut short at the mid-way point in White Notley.* Meet Liverpool Street Station. Buy Super OPDR to Braintree. Dep. 9.47, (Stratford 9.54), arr. Braintree 10.50. Return £17.55 from Liverpool Street, £14.25 from Stratford with Senior Railcard. Lunch Cross Keys pub, White Notley or picnic. Return from Witham. EX183,195. Leader: Dominique.

SUN 22 AUGUST: RESCHEDULED HITCHIN OUTER ORBITAL CIRCULAR (HOOP) (13 miles) *Surprisingly rural walk through a nature reserve along a river and across the beautiful rolling Hertfordshire countryside along footpaths and lanes a short distance from the pretty market town of Hitchin.* Reasonably brisk pace to ensure completion of the walk by early evening. Buy OPDR to Hitchin. Dep. 9.48 Finsbury Park (platform 7) Arr. Hitchin at 10.13. Picnic lunch. EX 193. Leaders Mary King and Lindy Petts.

27th -31st AUGUST CHESTER WEEKEND Fully booked but extra places may become available. If interested contact Susan James 07763 131145, susan271@btinternet.com

SAT 4th SEPTEMBER FAMBRIDGE TO BURNHAM LINEAR (11 miles) *The Crouch Estuary is a haven for birdlife, with great views of unspoilt land either side of the estuary, disturbed only by the cry of seabirds and the occasional hum of a distant train. Mostly flat terrain.* Meet Liverpool Street Dep. 9.33 (change Wickford) arr. 10.30. Buy Super OPDR to Burnham-on-Crouch (£19.50, with railcard £12.85). Lunch Three Horseshoes, Althorne or picnic. OS 176. Leader Susan (07763 131145)

SAT 11th SEPTEMBER MAIDENHEAD to MARLOW LINEAR (8.8 miles) *An easy morning walk through Maidenhead to follow the Thames Path from Brunel's Rail Bridge to Cookham where lunch will be taken and the walk can be ended (5.1m). A short but steep and narrow climb onto an escarpment with fine views of the Thames Valley before descending to Marlow for hourly train changing at Maidenhead.* Meet Paddington Station. Freedom Pass holders buy single Marlow (or Cookham) to Maidenhead if returning by TFL rail. Non Freedom Pass holders OPDR to Marlow (or Cookham). Train Dep. Paddington 9.43, Ealing Broadway 9.51, arrive Maidenhead 10.24. Return from Marlow (or Cookham). EX 172. Leaders Jennifer and Sunita

SAT 18th SEPTEMBER HENLEY ON THAMES CIRCULAR (10 miles) *Walk from Henley via The Great Wood. Lunch stop Hambledon at the Stag and Huntsman or picnic if preferred. Return along the Thames to Henley. A few moderate inclines and possible mud, some lane walking.* Meet Paddington Station OPDR to Henley on Thames GWR towards Didcot Parkway. Dep. 08.57 (change at Twyford arr.9.37 dep.9.46) arr. at Henley 9.58. EX 171. Leader Hilary who will join train at Ealing Broadway (07814 512 184)

SUNDAY 19th SEPTEMBER DEBDEN, LAMBOURNE & THEYDON BOIS LINEAR (6.5 miles) *Wide views over the countryside, a remarkable Norman church & a stroll beside the River Roding.* Meet Debden Central Line Station at 11.00. Pub lunch in Abridge or bring a picnic. EX 174. Leader: Danny (07907-346957 or 07591-999016)

SAT 25th SEPTEMBER CHILTERN FROM PRINCES RISBOROUGH CIRCULAR (8-9 miles) *We pass the vale hamlets of Horsendon and Saunderton. A steepish climb to Loosley Row and Lacey Green where there is a windmill. The latter part of the walk is through Chiltern beechwoods before descending steeply to the town.* Meet at Marylebone. Buy OPDR to Princes Risborough. Birmingham train departs 10.00, arrives Princes Risborough 10.32. Bring picnic lunch. Possible pub stop halfway and/or at the end. EX 181. Leaders Gillian and Stuart (07719452023) who will meet the group at PR.